

Missoula Aquatic Club Invites You To Attend The
Fall Invitational Swim Meet To Be Held On
November 6 - 8, 2009
In Missoula, Montana

Approval Number 0753

LOCATION: The meet will be held at the Grizzly Pool, which is located next to the Fieldhouse on the campus of the University of Montana in Missoula. The pool is a seven lane, 25 yard regulation short course pool.

SANCTION AND RULES: The meet is approved by USA Swimming and Montana Swimming. The 2009 USA Swimming and Montana Swimming Rules will govern the conduct of the meet. This is a **closed deck meet**. Only athletes, certified coaches, officials, timers, and meet management may be on deck, except that one parent of eight and under swimmers may accompany swimmers to the start area and may be on deck two heats prior and one heat after that event. All coaches' credentials will be checked and must be displayed in order to be on deck, no exceptions. Timing will be by Colorado Timing System or watches as backup. All events will be timed finals.

SAFETY REGULATIONS: Montana Swimming Safety Guidelines and Warm-Up Procedures will be in effect and strictly enforced. A safety marshal will be on deck during the meet.

ELIGIBILITY: All swimmers must have a current USA Swimming or the FINA equivalent registration card or a Masters Number. To insure eligibility, please include each swimmer's current USA Swimming or FINA equivalent registration number. The swimmer's registration numbers will be verified with the MT Swimming Registration Chairperson. Age as of the first day of the meet shall determine the division in which the swimmer must compete.

MEET FORMAT: All 25 yard events will be swum 8 & U, all 50 and 100 yard events will be swum Open, and all 200 and 500 yard events will be swum 11 & Over. The 400 IM and 1650 free will be swum 11+. The events will be scored and awarded 8 & U, 9 & 10, 11-12, 13-14, 15-16, and 17-19. Swimmers over the age of 19 are welcome to join us but there will be no awards or points earned for this age group. The 1650 Free will be swum combined, fastest to slowest. Positive check-in is required for the 1650 by 5:45 p.m. on Friday. Missoula Aquatic Club reserves the right to swim this event two per lane. The 500 will be swum alternating girls and boys and fastest to slowest. **SPECIAL NOTE:** If entries for the meet are less than 350 this meet will be swum as a **Single session** meet. Swimmers 10 and Under will swim in the morning and swimmers 11 and Over will follow. Event file has been set up as a Split session meet. The host team will take care of changing to single session at the time if it is warranted. **Hard copies must be sent in order to do this.** There will be a note sent out if the session number changes with warm up schedule and approximate time frames.

ENTRIES: Each swimmer may compete in a maximum of **8** individual events. Swimmer shall be entered based on the age of the first day of the meet. Swimmers shall be seeded on the basis of their submitted times. Entrants shall submit their fastest officially recorded times in either yards or converted meters. "No time" entries will be accepted. There will be no deck entries. Entries are to be submitted using one of three methods:

ENTRY FEES: An entry fee in the sum of \$2.00 for each event and a \$15.00 surcharge per swimmer must be paid with the entries. Checks should be made payable to Missoula Aquatic Club.

ENTRY DEADLINE: All entries and accompanying fees must be received no later than **Tuesday, October 27, 2009 by 5:00pm to Ellen**. Phone entries for individuals (not entire teams) will be accepted no later than

7:00 p.m. on Sunday, November 1, 2009, by meet registrar, Niki Bronec (406) 829-1485. Waivers **must** be signed.

STARTING TIME: The meet shall commence with open warm-ups on Friday at 5:15 pm for the 1650 with racing starting at 6:00pm. If Split Session 10 & U will warm up at 7:00am on both Saturday and Sunday with 11& Over warm-ups starting at the conclusion of the 10& under session. If single session on Saturday, warm-ups for the 500 Free will start at 7:00 a.m. Following the 500 Free, there will be an additional warm-up before the beginning of the remaining events. On Sunday warm-ups will start at 7:00 in the morning. Swimmers in the 1650 Free and/or the 500 Free must provide their own timers and counters.

SCRATCHES: Swimmers will be scratched at the blocks. Swimmers and their coaches are responsible for the swimmers being at the starting blocks before the start of their race.

SCORING: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 points for individual events.

AWARDS: Ribbons will be awarded for the first through sixteenth place in each individual event and for the first three places in the relays. Individual age group high point awards for the first three places will be presented. Each team shall designate a responsible adult to pick up the ribbons at the conclusion of the meet.

RESULTS: Meet results will be posted on the Montana Swimming web site <http://montana.usswim.net> and on <http://swimconnection.com/mt>

OFFICIALS: To the greatest extent possible, teams will be expected to provide timers. We also appreciate the help of all Certified Officials from other clubs. A sign-up sheet will be available at the meet and training time for official trainees will be available.

CONCESSIONS: Missoula Aquatic Club will have a selection of nutritious snacks, meals and drinks for sale. Aquatic supplies, clothing and swim suits will be available during the meet.

CONTACTS:

Co-Meet Managers:	Curt and Lanni Jacobson (406) 370-2460, (406) 544-1170
Meet Registrar:	Niki Bronec (406) 829-1485 nbronec@modwest.com
Meet Referee:	Brian Robinson (406) 239-9116
Meet Marshall:	Mark Thane (406) 543-3205

MAC 2009 FALL INVITATIONAL EVENTS

FRIDAY

1 11 & Over Mixed 1650 Free

Split Session Meet

SATURDAY

Girls			Boys
2	10 & U	100 IM	3
4	10 & U	100 Fly	5
6	8 & U	25 Back	7
8	10 & U	50 Breast	9
10	10 & U	100 Free	11
12	10 & U	50 Back	13
14	8 & U	25 Breast	15
16	8 & U	200 Free Relay	17
18	10 & U	200 Free Relay	19

(Warm-ups for 11 & over for 500 Free)

20 11 & Over 500 Free 21

(General warm-ups for 11 & O swimmers)

22	11 & Over	100 IM	23
24	11 & Over	100 Fly	25
26	11 & Over	200 Back	27
28	11 & Over	50 Breast	29
30	11 & Over	100 Free	31
32	11 & Over	50 Back	33
34	11 & Over	200 Breast	35
36	11 & Over	400 IM	37
38	11-12	200 Free Relay	39
40	13-14	400 Free Relay	41
42	15-19	400 Free Relay	43

SUNDAY

Girls			Boys
44	8 & U	25 Free	45
46	10 & U	50 Fly	47
48	10 & U	100 Back	49
50	10 & U	100 Breast	51
52	10 & U	50 Free	53
54	8 & U	25 Fly	55
56	8 & U	200 Medley Relay	57
58	10 & U	200 Medley Relay	59

(Warm-ups for 11 & over swimmers)

60 11 & Over 200 IM 61

62	11 & Over	200 Free	63
64	11 & Over	50 Fly	65
66	11 & Over	100 Back	67
68	11 & Over	100 Breast	69
70	11 & Over	50 Free	71
72	11 & Over	200 Fly	73
74	11-12	200 Medley Relay	75
76	13-14	200 Medley Relay	77
78	15-19	200 Medley Relay	79

MAC 2009 FALL INVITATIONAL EVENTS

FRIDAY

1 11 & Over Mixed 1650 Free

Single Session Meet

SATURDAY

Girls			Boys
2	11 & Over	500 Free	3
(General warm-ups for 11 & O swimmers)			
4	Open	100 IM	5
6	Open	100 Fly	7
8	8 & U	25 Back	9
10	11 & Over	200 Back	11
12	Open	50 Breast	13
14	Open	100 Free	15
16	Open	50 Back	17
18	8 & U	25 Breast	19
20	11 & Over	200 Breast	21
22	11 & Over	400 IM	23
24	8 & U	200 Free Relay	25
26	10 & U	200 Free Relay	27
28	11-12	200 Free Relay	29
30	13-14	400 Free Relay	31
32	15-19	400 Free Relay	33

SUNDAY

Girls			Boys
34	11 & Over	200 IM	35
36	8 & U	25 Free	37
38	11 & Over	200 Free	39
40	Open	50 Fly	41
42	Open	100 Back	43
44	Open	100 Breast	45
46	Open	50 Free	47
48	8 & U	25 Fly	49
50	11 & Over	200 Fly	51
52	8 & U	200 Medley Relay	53
54	10 & U	200 Medley Relay	55
56	11-12	200 Medley Relay	57
58	13-14	200 Medley Relay	59
60	15-19	200 Medley Relay	61